**Mole Calculation Worksheets**

1. How many grams are present in 45.0 grams of Li­2SO4?
2. If I have 3.5 moles of dinitrogen tetroxide, how many grams is this?
3. I drank a glass of water that held 250 mL of water. How many moles of water did I drink?
4. If I later peed out 110 mL of fluid, how many moles did I pee (assume that pee is pure water).
5. What percentage of the water I drank stayed in my body?